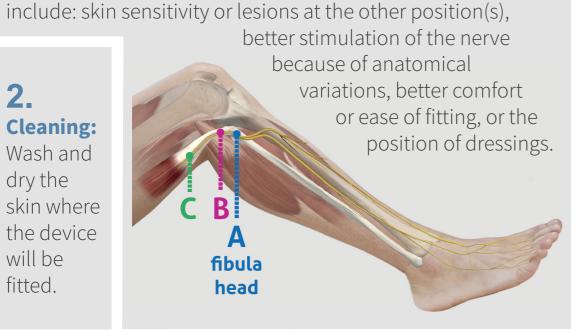


**1. Location:** There are three possible locations that will give a successful stimulation of the common peroneal nerve (dorsiflexion). The A position aligns with the fibula head, while **B** and **C** are aligned with a prominent lateral tendon. The reasons for choosing an alternative fitting position

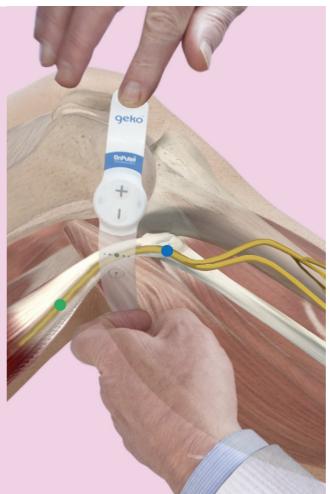
2. **Cleaning:** Wash and dry the skin where the device will be fitted.



3<sup>B</sup>. Fitting: Place the marker line **▶▶●**∢∢ 0N the lateral/ outer/biceps femoris tendon below the

crease of the

knee.



**4. Turning On:** To turn on, use a short press of the 

button.



**5. Settings:** Use the ⊕ button to increase the setting and ⊖ button to decrease. Increase the setting until you get a rhythmic upwards and outwards movement of the foot.

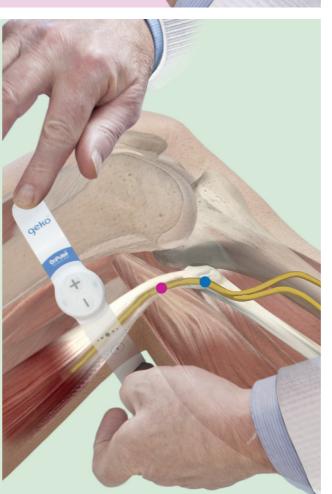


3<sup>A</sup>. Fitting:

Remove the film from the geko™ device and place the marker line ••• over the fibula head.



3°. Fitting: Place the marker line ▶▶●**∢** on the lateral/outer tendon just above the crease of the knee.



**6.** Switching Off:

To turn it off, hold ⊖ button down for 3 seconds.



**7. Removing:** Remove carefully in one piece, to avoid damaging the skin.



## Patient instructions for the geko™ device

- Each foil pack contains two geko<sup>™</sup> devices. The geko<sup>™</sup> device should always be applied to your leg(s) as instructed by your doctor. Fitting instructions can be found on reverse side
- 2. You will need to wear each geko<sup>™</sup> device at home for a total of 30 hours.
- 3. Your geko<sup>™</sup> will be applied right after surgery. If you find that you will need to put on a new geko<sup>™</sup> while you are usually sleeping, you can apply a new geko<sup>™</sup> either right before you go to bed or apply a new geko<sup>™</sup> when you wake up in the morning.
- 4. If you plan to bathe or shower, turn-off and carefully remove the geko<sup>™</sup> device. When your done, carefully dry the entire skin area where the geko<sup>™</sup> device was located and reapply the same device for the continuation of therapy.
- 5. After the geko™ device runs out of battery, it can be disposed of with your household waste.
- 6. Check your skin carefully for any irritation before re-applying the geko<sup>™</sup> device, if you DO experience any skin irritations please consult your fitting instructions for the alternate fitting location. If the irritations persists in new location, please remove the geko<sup>™</sup> device and let your surgeon know.
- 7. Please consult your surgeon if you have any questions.

